

FLAME OF LOVE MOTHERS' LENTEN GATHERING – 2023

Mothers are extremely important. Jesus said to Elizabeth, "Your work is not of less value than that of persons raised to the highest priestly dignity. He also said, "You have the greatest work... the task of leading a multitude of souls to eternal salvation." (p 202- Blue Diary) The Flame of Love has put together a six week program from a FOL discussion booklet so small groups of mothers can rejoice in helping each other. Pray often for one another. When someone mentions a need or a concern, lift this concern up to the Lord.

OPENING PRAYER:

O Blessed Lady, spread the effect of grace over all women gathered today to reflect upon the role of motherhood as we look at the life of your humble servant Elizabeth Kindelmann. Draw us closer to the Flame of Love, your son, Jesus Christ.

My Adorable Jesus, open our eyes, our ears, and our hearts to the fire within. Enable us to see, to hear, and to feel your presence. Enkindle us with your grace to be the mother that you have called us to be; Come, Holy Spirit, Come by the means of the power of the Flame of Love of the Immaculate Heart of Mary. Amen.

MEDITATION UPON THE FIVE WOUNDS:

We offer ourselves to the Heavenly Father through all the wounds of our Savior, Jesus Christ:

**We kiss the wounds of your sacred left hand, with sorrow deep and true. †
We kiss the wounds of your sacred right hand, with sorrow deep and true. †
We kiss the wounds of your sacred left foot, with sorrow deep and true. †
We kiss the wounds of your sacred right foot, with sorrow deep and true. †
We kiss the wounds of your sacred side, with sorrow deep and true. †**

Weekly Prayer Intentions will be provided with each session.

RECEIVING THE FLAME OF LOVE: As you recall your Baptism and its promises, as you are clothed in white garments, ponder your life in heaven with the angels and the saints. Imagine an enormous fire, enter that fire, and do not be afraid, it is Jesus himself, the Flame of Love. Mary is with you. You are in the deepest part of her heart. You are immersed in her Flame of Love. Mary fills you with great desire to receive more of her Flame of Love. Surrender to the Flame so Jesus may consume your whole life. Jesus is the pearl of great price, the treasure hidden in the field, the whole purpose of your life. Allow the Flame to enter your whole being. Imagine Jesus living within you. Our Lady embraces you. Allow her Flame to leap from her heart to yours. She gives her Flame without limits. It belongs in our hearts. She gives gifts that were meant for others but they did not receive. Receive the Flame for everyone, for yourself, and for your family. The effects will unfold slowly and powerfully. Our Lady is pouring out the effects of the Flame of Love.

CLOSING PRAYER:

**My Adorable Jesus
May our feet journey together.
May our hands gather in unity.
May our hearts beat in unison.
May our souls be in harmony.
May our thoughts be as one.
May our ears listen to
the silence together.
May our glances
Profoundly
penetrate each other.
May our lips pray together to
gain the mercy from the Eternal Father. Amen.**

A MOTHER WHO BRINGS BLESSINGS

SUFFERING BARES FRUIT

Lenten Session: Week 1- Quote 1: February 23

1. *Jesus was not going to abandon His precious soul. He asked for greater confidence.*

(Blue Diary – p 62) (Diary for Everyone Talk 9 p 9) Jesus responded to my sorrow, **“I feel compassion for you. My little one, I see your great efforts. Do not think they are in vain. I bless your family greatly. I free them from the Evil One who disturbs the family peace. Just trust in Me.”** I responded, “O Lord, the family discord is so great that only a miracle will help.” Jesus asked, **“Cannot I work a miracle?”** “But I am not worthy, Lord.” **“Nevertheless, I will work a miracle. I will so bless the problem which seems impossible that all will be straightened out.”**

How has God blessed your motherhood?

SIGNS OF LOVE

Lenten Session: Week 1- Q2: February 23

2. *Our Lady doesn't wait for heaven. She provides earthly signs.*

(Blue Diary – p 262) (Diary for Everyone Talk 10 p 10) Our Lady, also, gave signs of her love. Two grandchildren were born on Our Lady's feast days: I must write about what happened in the family. In a short period of time, two grandchildren were born. One on August 22, feast of the Immaculate Heart of Mary, and the other on September 8, the feast of her birthday.

Please share any blessings or signs that Our Lady's given unto you.

BLESSINGS FOR HER FAMILY

Lenten Session: Week 2-Q1: March 2

1. *How often Jesus visits our homes. Let's watch for Him.*

(Blue Diary – p 143, 150) (Diary for Everyone Talk 11 p 11) Jesus also spoke of family blessings, **“I was here during the night and I blessed every member of your family because of the prayer of our dear Mother. She is the one who fills your whole family with the effect of grace of her Flame of Love. How much we love you, My little one!”**

Once, Elizabeth prayed, **“My adored Jesus, the Blessed Virgin planted her Flame of Love in a sinful family, where You receive so many offenses.”** The Lord Jesus answered with sweet consoling words.

When have you experienced the presence of Jesus and/or Mary or heard his/her consoling words?

HER CHILDREN'S SALVATION

Lenten Session: Week 2-Q2: March 2

2. *How wonderful to hear from Our Lady herself that the children will be in heaven.*

(Blue Diary – p 212) (Diary for Everyone Talk 15 p 15) Mary told Elizabeth that her children would be in heaven. **“As you see, I am honoring you again. At your request, I come to bless your family and the whole neighborhood. I have brought My peace. Trust! Do not give way to discouragement! I unite your sufferings to my merits. Your children's salvation is assured.”**

Discuss your deepest desires for your children.

JESUS BLESSING HER HOME

Lenten Session: Week 2-Q3: March 2

- 3. *Some moments were very special. Jesus stays a long time at her home and recalls the virtues and the fervent prayers. He notes the family consecration to His Sacred Heart and leaves His special blessing.*

(Blue Diary – p 70) (Diary for Everyone Talk 15 p 15) Many times Jesus blessed her family and her home: While we were talking in the silence of a summer night, the conversation suddenly ended. Before He left, He stayed a long time in front of our house and made me sense that He was thinking about our house. He began to list the merits of our family, those virtues which I made the children practice when they were small. He emphasized how meritorious were the fervent night prayer. He said how much He appreciated the small ejaculations that we added to those prayers. He also noted that our family was consecrated to His Sacred Heart. I experienced His blessed presence and was deeply moved. We constantly hurt Him by our many sins. He, in spite of everything, is always kind. He said: **“I bless this house that is consecrated to My Sacred Heart.”**

Recall the devotions in your home and your attempts to consecrate the family to Jesus and Mary.

JESUS’ PRESENCE

Lenten Session: Week 3-Q1: March 9

- 1. *Elizabeth describes her own feelings about those moments when Jesus stayed in her home and she felt His overwhelming presence.*

(Blue Diary – p 70) (Diary for Everyone Talk 15 p 15) Sometimes, Jesus’ presence upon the house remained for a long time: What a sublime experience was this blessing He gave to our family when He stayed for a long time before our house. Yet, even afterwards, he did not move. For a long time, He allowed me to feel His presence filled with goodness and majesty. As an insignificant person, really less than nothing, I felt great emotion. I could only babble: **“Depart from me, O Lord, I am a great sinner.”**

Share how you feel about Jesus’ presence in your heart or in your home?

SPIRITUAL SACRIFICE

Lenten Session: Week 3-Q2: March 9

- 2. *Jesus explained what He was doing. The more Elizabeth experienced darkness and anguish, the more Jesus could give light and relief to others.*

(Blue Diary – p 236) (Diary for Everyone Talk 22 p 22) Jesus explained how he used her sacrifices for other souls. **“Are you suffering much? Let your sacrificial suffering not stop! Do you know why? The same way I let the darkness of doubts and the spiritual anguish comes over you, to the same extent I will put light and relief in the souls who are going to set into motion what I am communicating through you.”**

Discuss how you sacrificed spiritually for your children?

SUFFERING HELPS OTHERS

Lenten Session: Week 4-Q1: March 16

1. *Because Elizabeth responded quickly, Jesus could triumph in others. That is why He asked this favor.*

(Blue Diary – p 239) (Diary for Everyone Talk 22 p 22) Her promptness helped others, **“Now, beloved, you understand fully the value of your sufferings. Your promptitude will lead others to act rapidly, and My graces will soon triumph in those souls for whom you accepted martyrdom, with all its consequences.”** He asked a favor of her, **“My Elizabeth, suffer with heroism, with perseverance and constancy.”**

Are you aware that your sufferings help others?

CONVERSION OF SINNERS

Lenten Session: Week 4-Q2: March 16

2. *Jesus’ special goal was the conversion of sinners. Soon, His voice would be very loud in her soul.*

(Blue Diary – p 15) (Diary for Everyone Talk 22 p 22) On so many occasions, Jesus asked for sacrifices to convert sinners. **“Do not deny Me your sufferings, and help for the conversion of sinners. If you act this way, you will have a great reward. A time will come when you will not just hear My voice quietly in your soul, you will hear it aloud and it will bless you. My daughter, you will have to suffer much.”**

Do you pray and sacrifice for the conversion of sinners (an important goal of Jesus)?

A MOTHER SERVING THE CHURCH

Lenten Session: Week 5-Q1: March 23

1. *Jesus explains the great mystery. Elizabeth did not need to enter a convent to prepare her for ministry. She matured in the family setting.*

(Blue Diary – p 186) (Diary for Everyone Talk 12 p 12) Jesus used her years as a mother to prepare her for her mission. **“You also had to mature in the holy enclosure of the family. As you were an orphan, it is in your home as a married couple that your soul was prepared for your great vocation, which could only mature in a family setting. I know your qualities and that’s why My Divine Providence ordered everything to make you ready to communicate My message to the world. It is from the family sanctuary that all of you set out for the difficult struggles of life.”**

Do you see your years of motherhood preparing you for a wider task in the whole Church?

SERVING GOD AND FAMILY

Lenten Session: Week 5-Q2: March 23

2. *Only within the family could she be an example to others.*

(Blue Diary – p 229) (Diary for Everyone Talk 12 p 12) At another time Jesus said, **“I placed you in a family setting, so others could see how they can and ought to live. You serve both the family and God at the same time.”** **“Rejoice, this is my gift. The value of your sufferings will never be lost. It will find its full value only in Heaven”.**

Do you see that being a mother gives you credibility to serve?

The Blessed Virgin said: *"My little one and all of you my beloved children, be on the alert. Satan wants to remove the ground of hope from beneath your feet. Oh, my children, pray constantly for each other. Allow the outpouring of my graces to take effect in your souls."* BLUE DIARY QUOTE: PG. 295 – December 12, 1981

**WE INVITE YOU TO JOIN US FOR A SPECIAL GATHERING
NEXT WEEK AT THE SAME TIME FOR
A FLAME OF LOVE ROSARY CENACLE
WEEK 6 – MARCH 30 @ 10AM-11AM**

Consecration of the Flame of Love Apostolate:

Lady of Mt. Carmel, Queen of Heaven and earth, and our mother, through whom Almighty God has delighted to extend the most powerful Grace to mankind since the Word became Flesh, we consecrate to your Immaculate Heart, completely and forever, the Flame of Love Apostolate, formed to assist you in saving your children, accelerating your Triumph, and welcoming the Second Pentecost of the Holy Spirit, by spreading the effect of grace of your Flame.

We ask you to guide us in this, your apostolate, so that our planning conforms to your wishes and our efforts are always performed in your name, the Holy Name of Mary.

Enable us to grow, under your guidance so that the effect of this Flame of Love grace will spread over humanity. Send additional priests, and the faithful, who will embrace your endeavors, and help our apostolate to expand throughout this entire country and beyond.

Cover us with your Scapular of protection and your mantle of unity, harmony, and love; keep us steeped in humility so we do not falter. Strengthen us against the attacks of the enemy. Grant us the desire to share in the Redemptive activity of Your Divine Son. Keep us strong, active and resolute; grant that our inevitable frustrations and failures will make us more determined than ever to continue our efforts, increasing your glory and thereby, the glory of Jesus, our Savior. We ask nothing in return but the pleasure of serving you.

Strengthen us in prayer and contemplation so that our apostolic actions may conform to your will and exceed expectations.

Most Blessed Trinity, please approve our consecration and through Mary, our mother, enable our apostolate to return lost sheep to your merciful bosom for all eternity. Amen.



**Thank you very much for partaking in these Lenten Sessions.
Your Flame of Love Facilitators**

WWW.FLAMEOFLOVE.US



The following prayers are basic to the Flame of Love Holy Hour.

Teachings on the Flame of Love and on the

Devout Life - The Leader may choose from the materials on the website. www.flameoflove.us/resources

1- Intentions: (Our Priests, the Dying, Souls in Purgatory, Families, Personal Petitions)

2- We offer ourselves to the Heavenly Father through all the wounds of our Savior, Jesus Christ:

We kiss the wound of your Sacred Left Hand, with sorrow deep and true. †

We kiss the wound of your Sacred Right Hand, with sorrow deep and true. †

We kiss the wound of your Sacred Left Foot, with sorrow deep and true. †

We kiss the wound of your Sacred Right Foot, with sorrow deep and true. †

We kiss the wound of your Sacred Side, with sorrow deep and true. †

3- Pray the Rosary and insert in each Hail Mary the petition to the Flame of Love:

Hail Mary, full of grace, the Lord is with Thee, blessed are Thou among women, and blessed is the fruit of Thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, **spread the effect of grace of Thy Flame of Love over all of humanity**, now and at the hour of our death. Amen. *

4- After each decade pray the Fatima prayer, the prayer to the Holy Spirit, and Sing Ave Maria:

O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven, especially those who are in most need of Thy Mercy.

Come Holy Spirit! Come by means of the power of the Flame of Love of the Immaculate Heart of Mary. [Sing 'Ave Maria']

5- Hail Holy Queen: – Let Us Pray: (O God,)

6- Unity Prayer:

My Adorable Jesus
 May our feet journey together.
 May our hands gather in unity.
 May our hearts beat in unison.
 May our souls be in harmony.
 May our thoughts be as one.
 May our ears listen to
 the silence together.
 May our glances
 profoundly
 penetrate each other.
 May our lips pray together
 to gain mercy from the Eternal Father.
 Amen.

7. My Adorable Jesus,

We ask you to take us in spirit before your Eucharistic Presence throughout the world. (pause for silent reflection)

8. Blessed Lady,

Take us and place us where we belong in the Divine Fire. Share with us your Immaculate Conception. (pause for silent reflection)

9. Prayer to Saint Joseph:

Oh, Saint Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interests and desires.

Oh, Saint Joseph, do assist me by your powerful intercession, and obtain for me from your Divine Son all spiritual blessings, through Jesus Christ, our Lord, So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most Loving of Fathers.

Oh, Saint Joseph, I never weary contemplating you and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him in my name and kiss his fine head for me and ask him to return the Kiss when I draw my dying breath.

Saint Joseph, Patron of departed souls, pray for me. Amen.

10. Prayer to Saint Michael the Archangel:

Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do Thou, O Prince of the Heavenly Host, by the Power of God, cast into hell, Satan and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.

11. Plenary Indulgence- Pray for the intentions of the Holy Father (Our Father, Hail Mary, Glory be)

12. Meditate on all the wounds of Jesus Christ. Repeat Step No. 2.

13. Final Blessing – Bless each other with Holy Water (optional) (form circle, if possible)

14. Lady of All Nations Prayer: Lord Jesus Christ, Son of the Father, send now Your Holy Spirit over the earth. Let the Holy Spirit live in the hearts of all Nations, that they may be preserved from degeneration, disaster and war. May the Lady of All Nations, who once was Mary, be our Advocate! Amen.

*NOTE: When we say the “effect of grace”, we include the conversion of sinners, the blinding of Satan, and the New Pentecost, and whatever other gifts God will give to His Church and humanity through His Mother.